

# In vitro fertilisation and genetic testing

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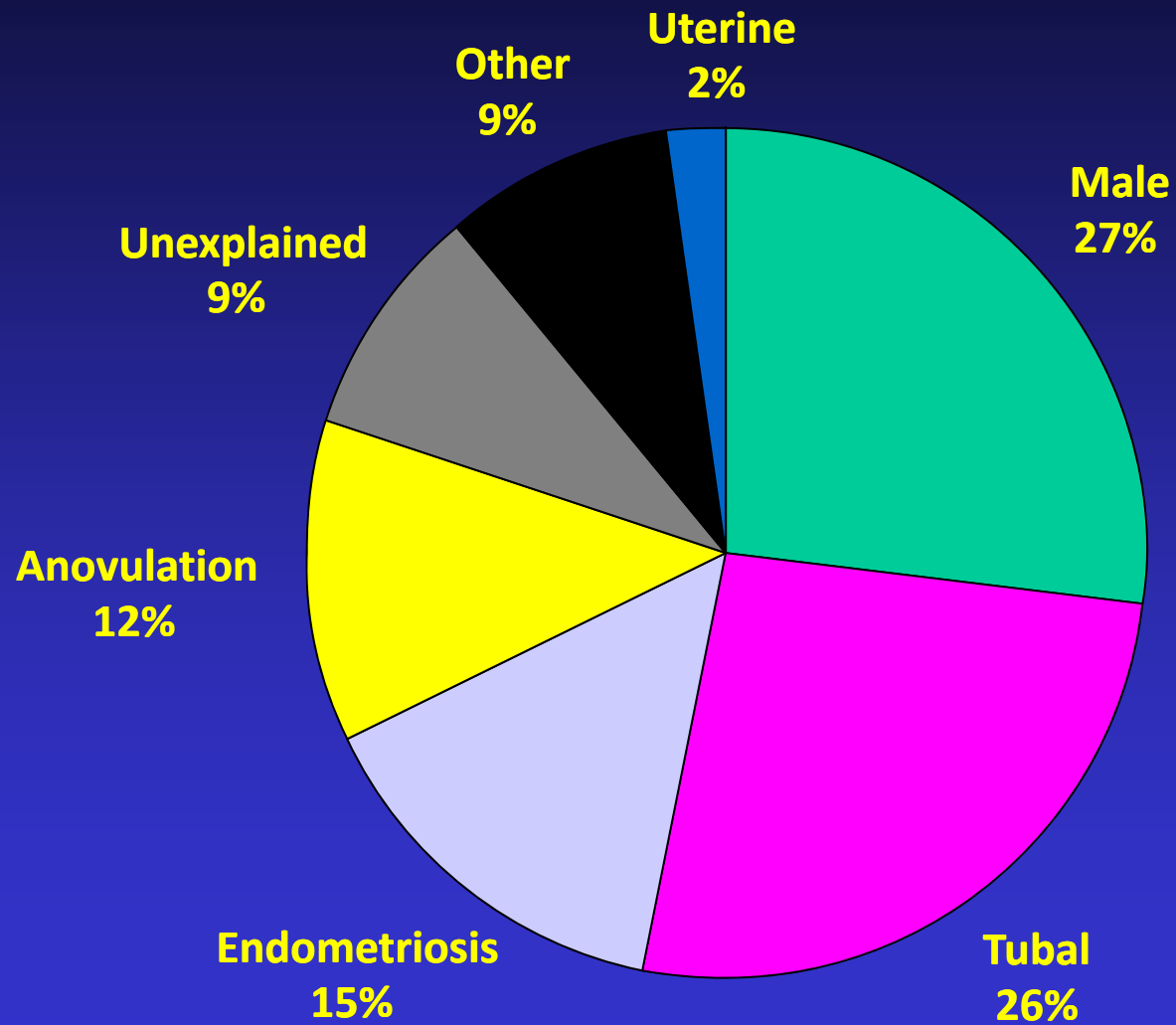
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# **Infertility**

- **Unprotected intercourse for 1 year without conception**
- **Very common – 1 in 6 couples affected**
- **In vitro fertilization first birth in 1978**
- **More than 3,000,000 IVF babies worldwide**
- **1-5% of all births in Western countries**

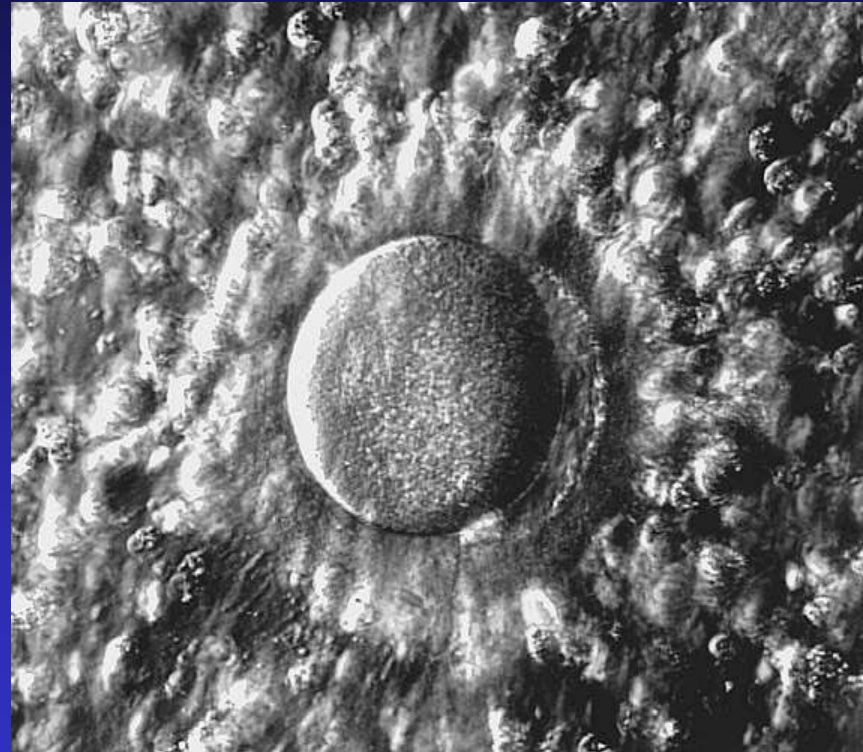
# Indications for IVF/ICSI



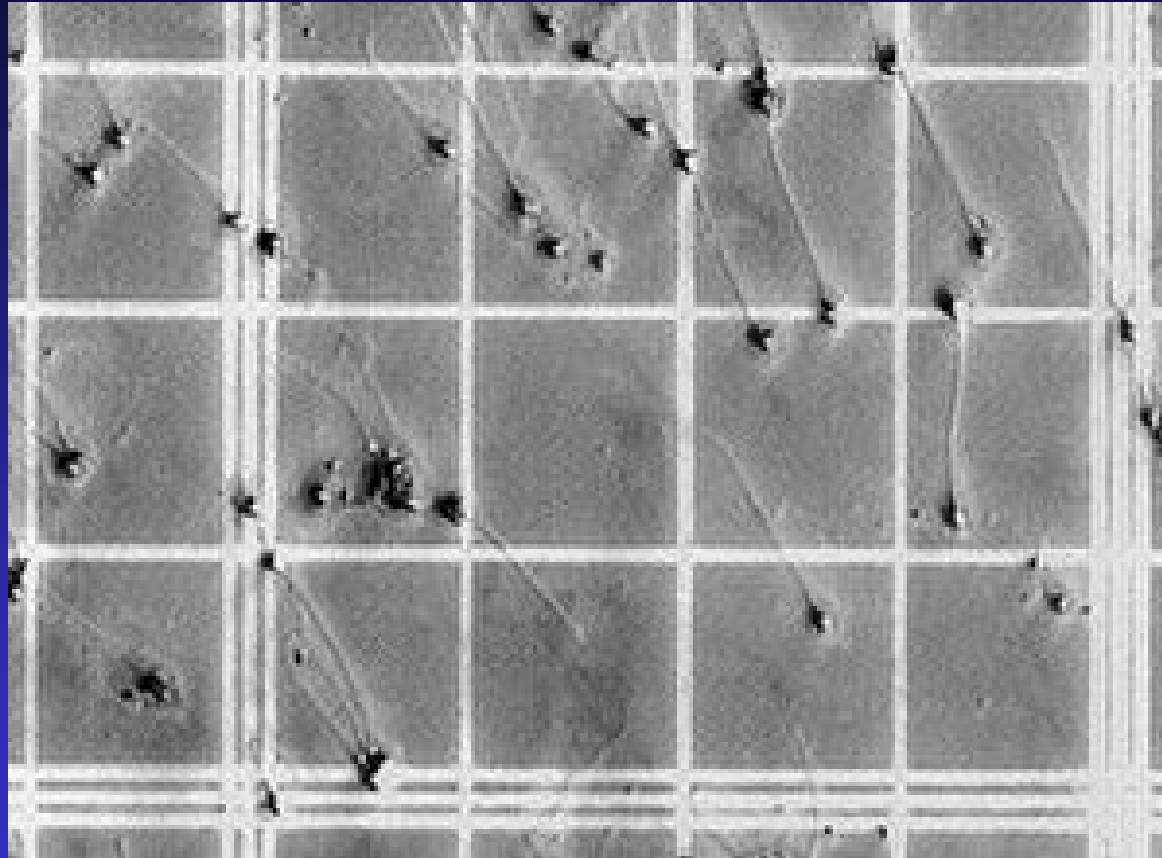
## Ovarian stimulation

- Ideally need 10-15 high quality eggs
- 3 types of drugs
- GnRH (gonadotropin releasing hormone agonist/antagonist)
  - Suppresses luteinizing hormone (released from pituitary)
  - LH surge would cause premature ovulation
- Follicle stimulating hormone (FSH)
  - Stimulates development of multiple follicles (structures that contain eggs)
- Human chorionic gonadotropin (HCG)
  - Causes final maturation of eggs in follicles

## Egg collection procedure

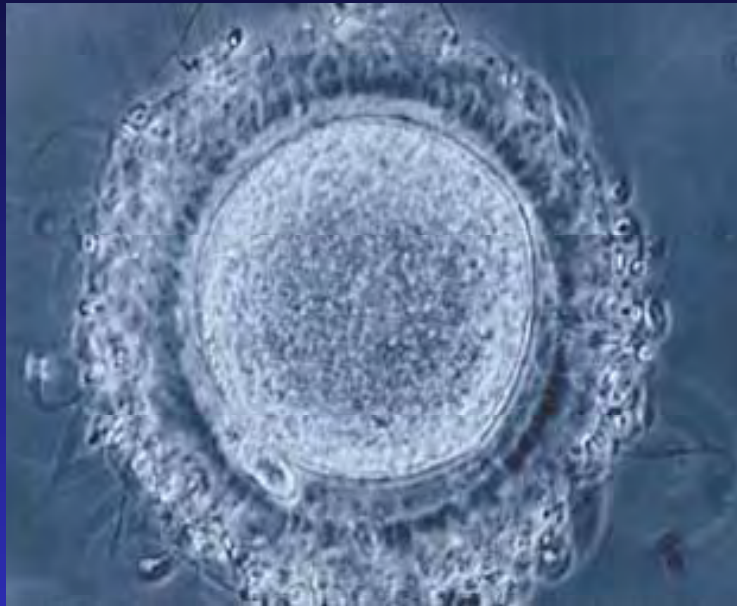


## Sperm preparation



**Semen analysis, wash and centrifugation**

# Fertilization



**Mixing of sperm and eggs**

# Fertilization using intracytoplasmic sperm injection (ICSI)

- Method developed for men with sperm deficiencies

Low concentration of sperm in ejaculate

Sperm with motility problems

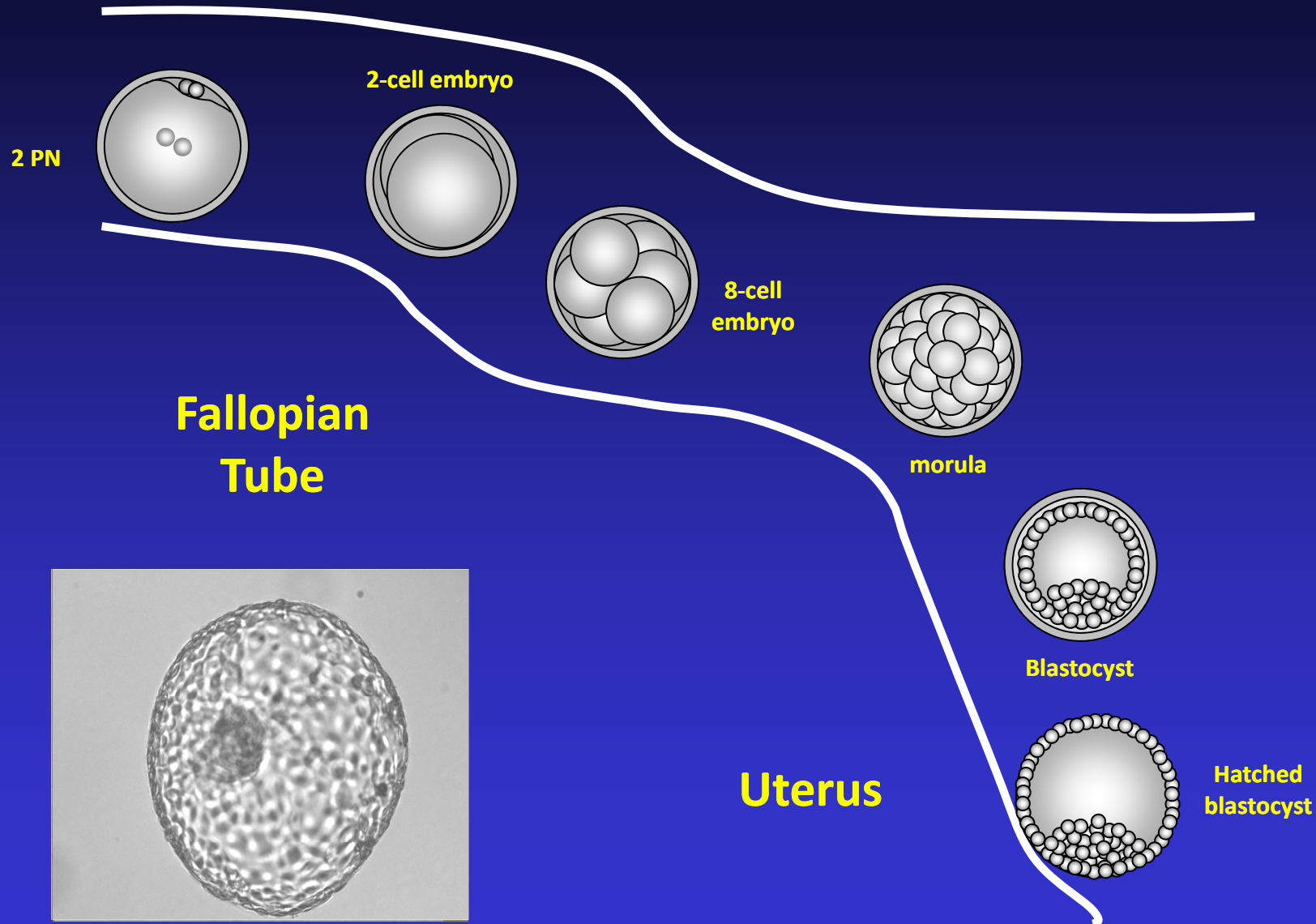
Sperm unable to penetrate the egg



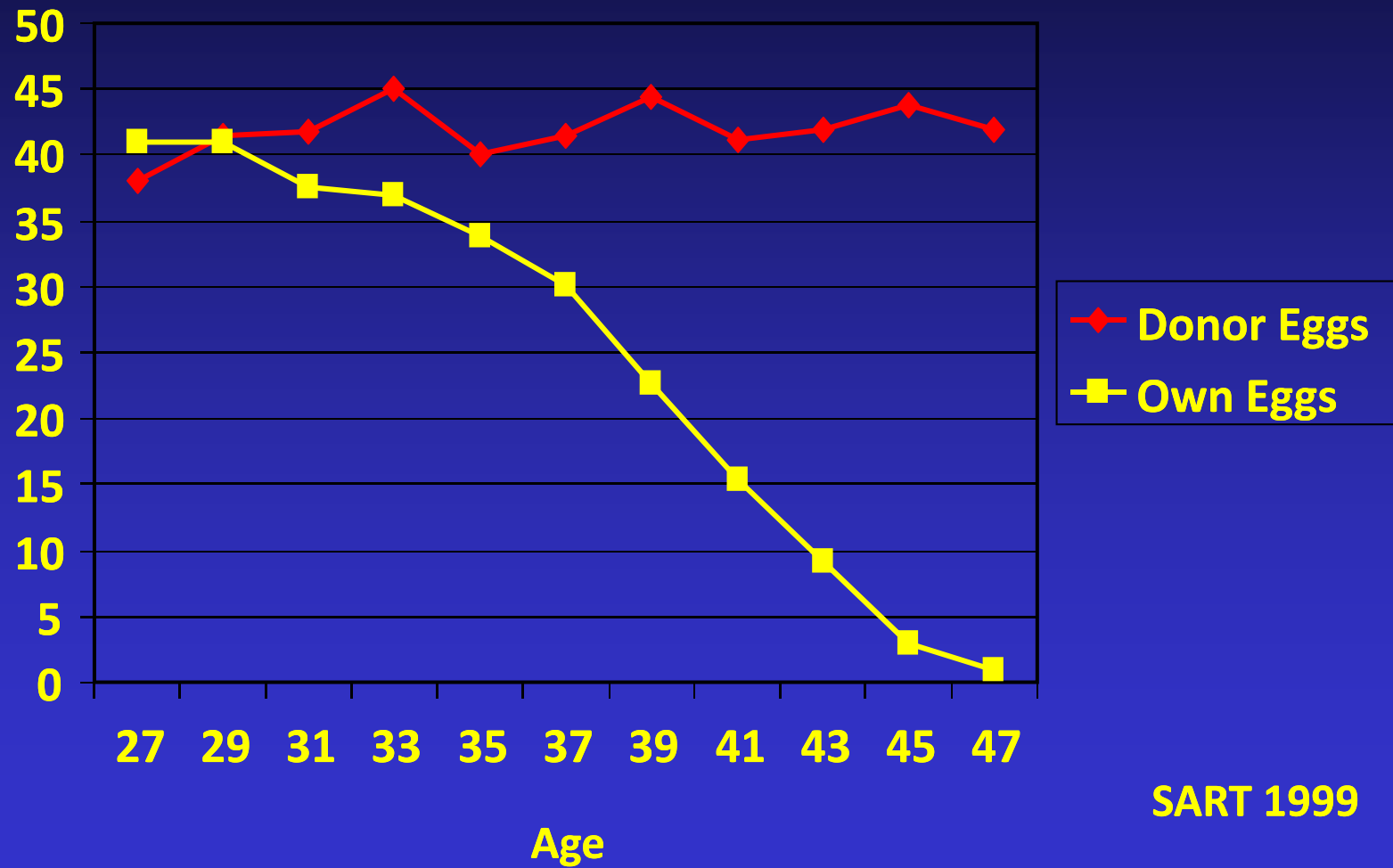
- First reported in 1992. Now very widely applied



# Embryo development



## Success rates of IVF – affect of maternal age



# Genetic analysis of embryos

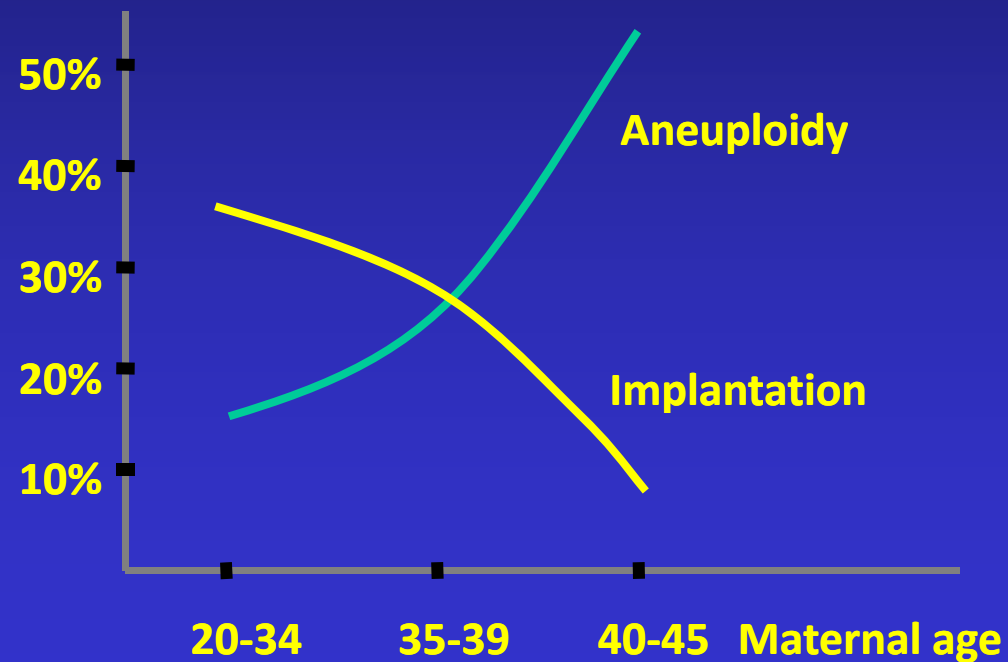
**Testing chromosomes in embryos  
produced during IVF treatment:  
Why bother?**

## Aneuploidy and IVF failure

**Chromosome abnormality is extremely common in oocytes**

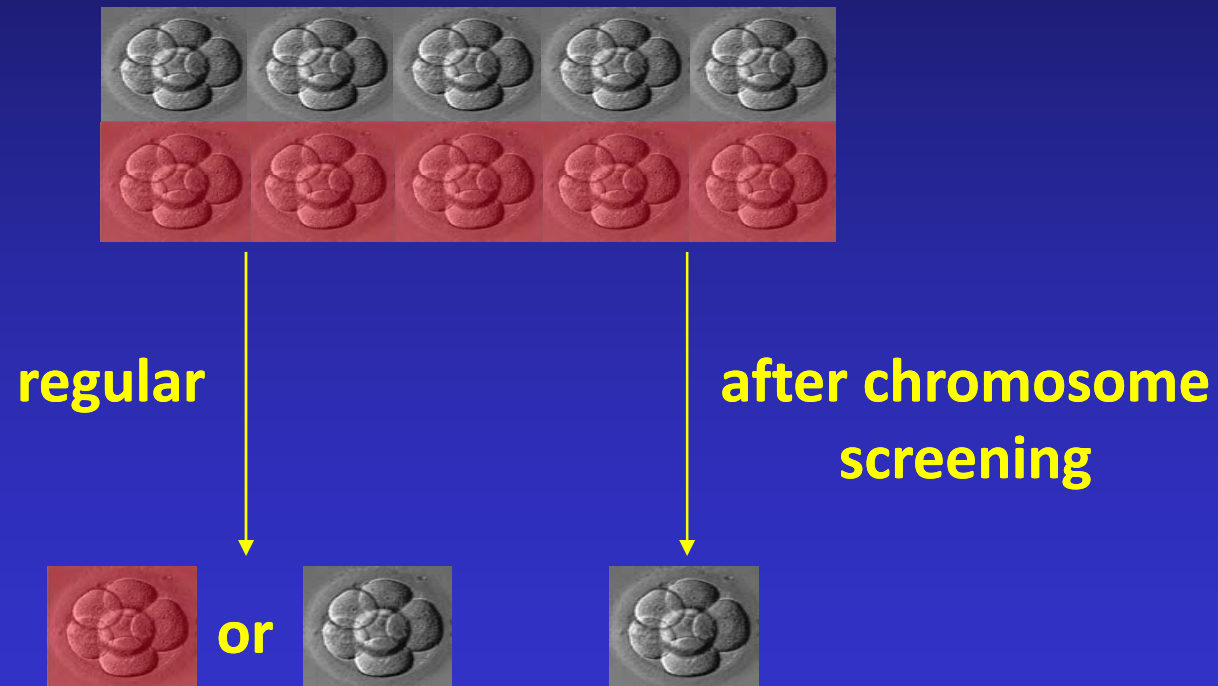
**Problem increases with advancing maternal age**

**As aneuploidy increases age, so implantation rate decreases**



## Preimplantation genetic screening (PGS)

**Standard embryo evaluations do not reveal embryos with the wrong number of chromosomes**



## **Preimplantation genetic screening (PGS)**

### **Anticipated benefits for IVF patients**

**Reduce aneuploid syndromes**

**Reduce miscarriage**

**Increase embryo implantation/pregnancy rate**

## **PGS- the controversy**

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- **It is widely accepted that PGS reduces the risk of Down syndrome**

**BUT...**

- **Several randomised trials have shown no improvement in pregnancy rates**



## **Increase in implantation/pregnancy- controversy**

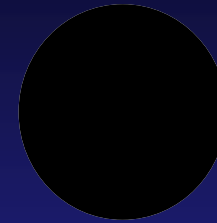
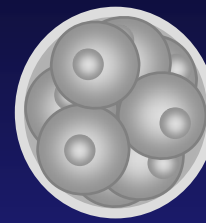
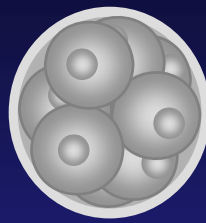
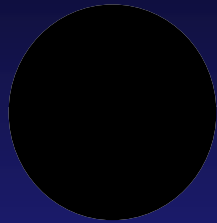
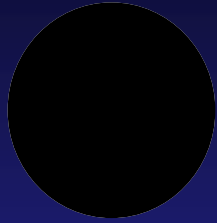
- **Mastenbroek et al (2007), NEJM**
- **Maternal age  $\geq 35$**
- **8 chromosomes assessed, randomised**
- **No significant improvement in implantation**

## Problems with negative PGS studies

### BUT....

- Many patients with <5 embryos included in study (mean 4.8)  
Little selection possible
- Many 4-cell embryos biopsied  
Developmental potential reduced
- 20% of tests failed to produce a result  
Literature 6-20 times less failure, little selection possible
- Did not test chromosomes 15 & 22 (only 28% of aneuploidies detected)  
Many abnormal embryos undetected , little selection possible
- Implantation rate for biopsied, non-diagnosed embryos= 6%  
Developmental potential reduced. Lack of biopsy experience?
- Implantation PGS group= 11.7%

## Problems with negative PGS studies



**Critically  
damaged by  
biopsy**

**Only 28% of  
aneuploidies  
detected**

**No result**

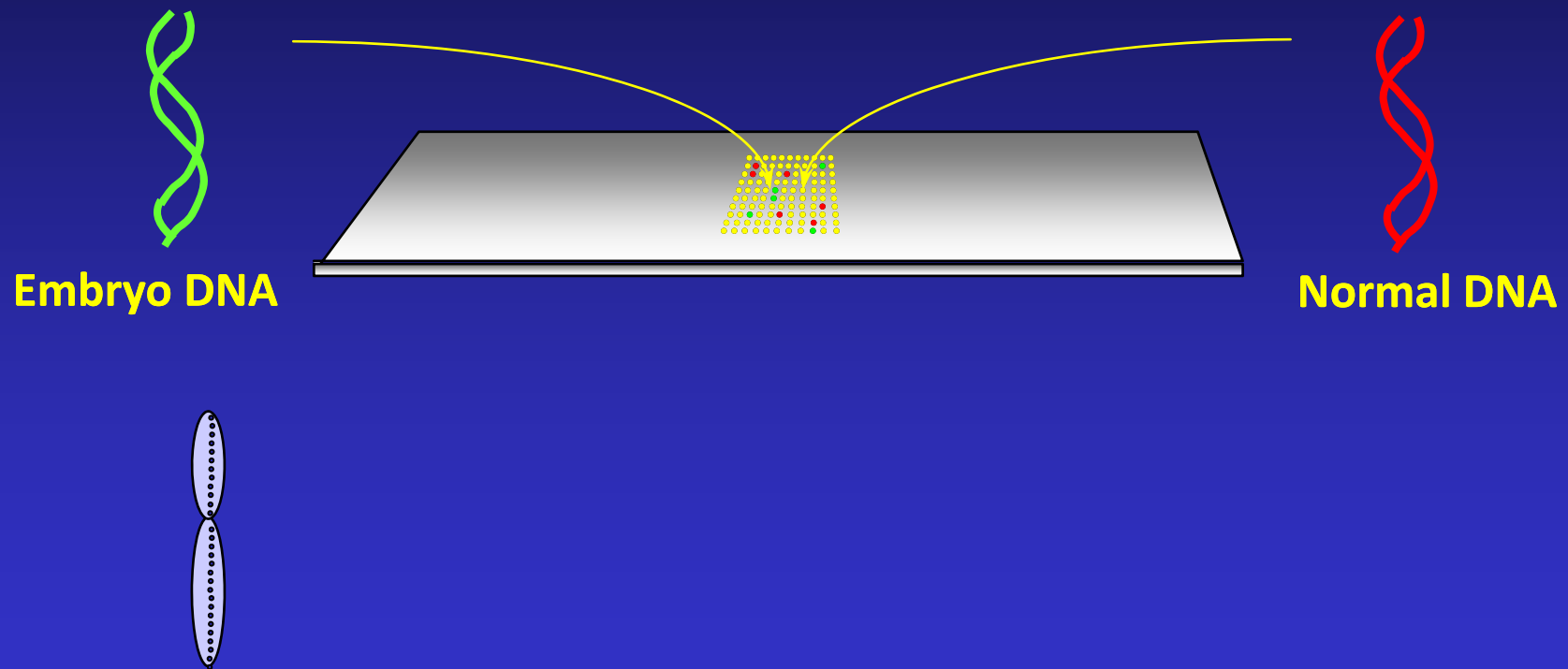
**Pool of embryos reduced while little selective advantage has been gained**

## **Legitimate criticisms of traditional PGS methods**

- **Methodologies are not robust, limiting application**
- **Biopsy can have a serious impact if poorly performed**
- **Mosaicism will lead to the exclusion of a small number of potentially viable embryos**
- **No randomized study has proven that PGS is beneficial**

## Microarray comparative genomic hybridization

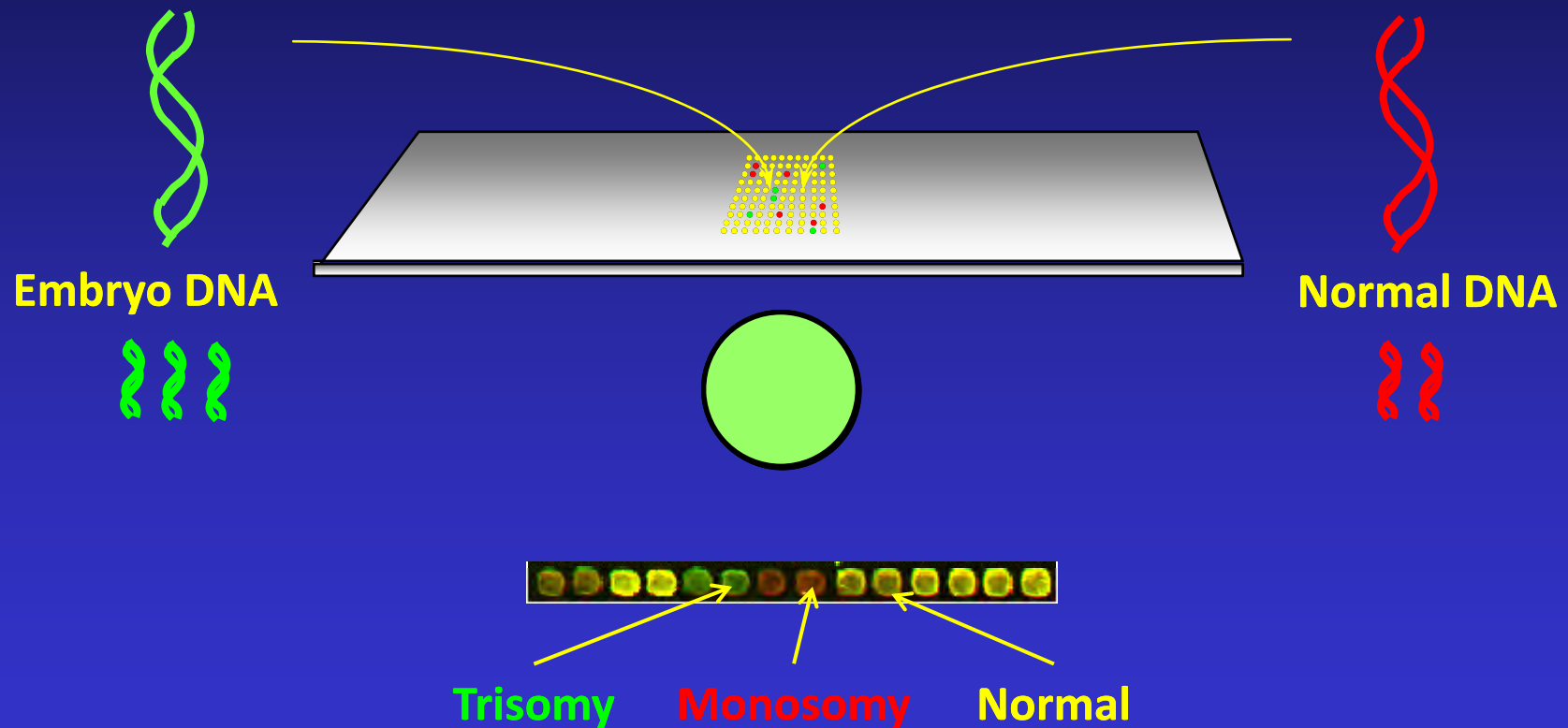
- Rapid – results in 24 hours
- Allows the copy number of every chromosome to be determined



Gutierrez-Mateo et al., Fertility & Sterility 2010; Fragouli et al., Human Reproduction 2011

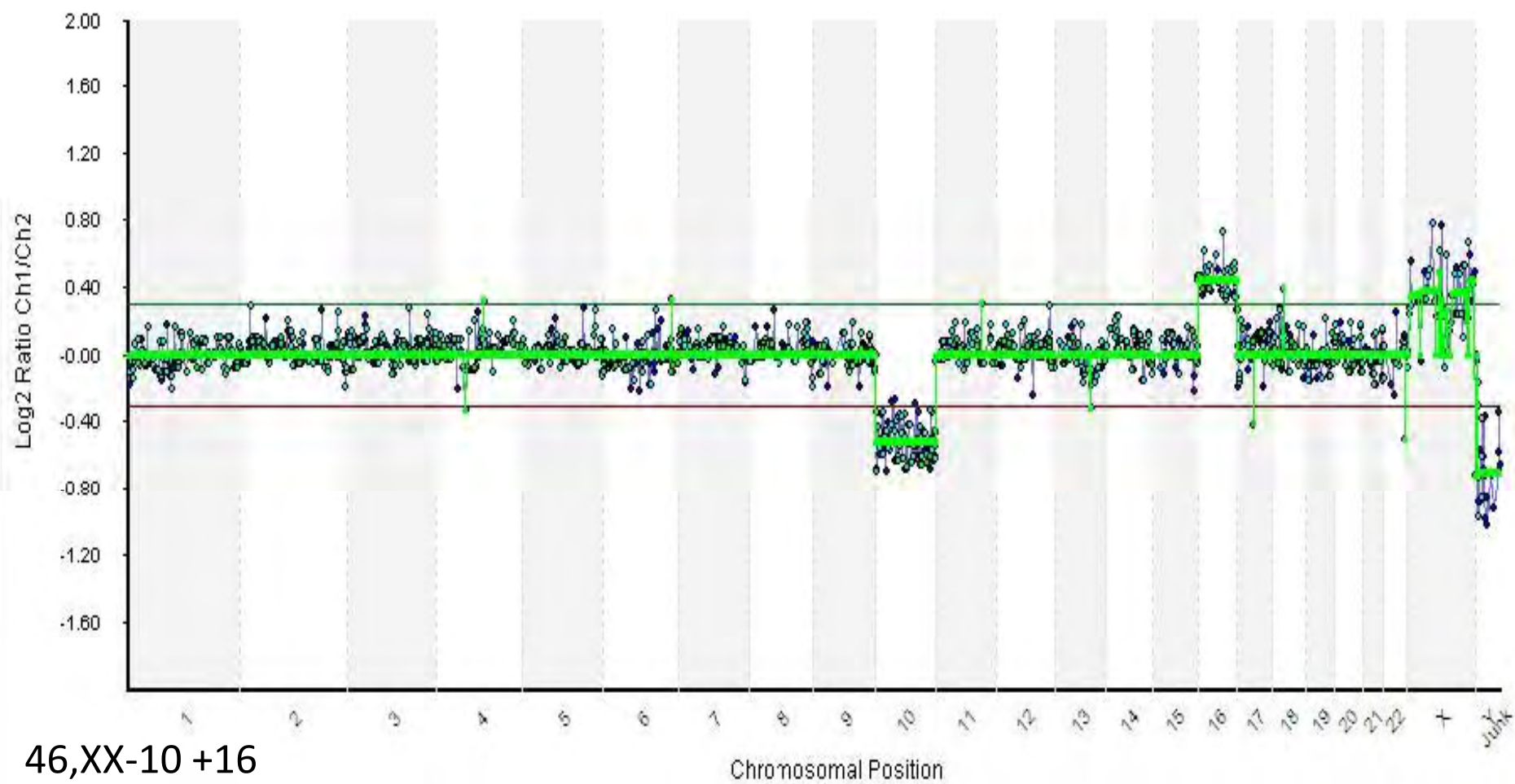
# Microarray comparative genomic hybridization

- Rapid – results in 24 hours
- Allows the copy number of every chromosome to be determined



Gutierrez-Mateo et al., 2010; Fragouli et al., 2010

## Microarray-CGH (array-CGH or aCGH)



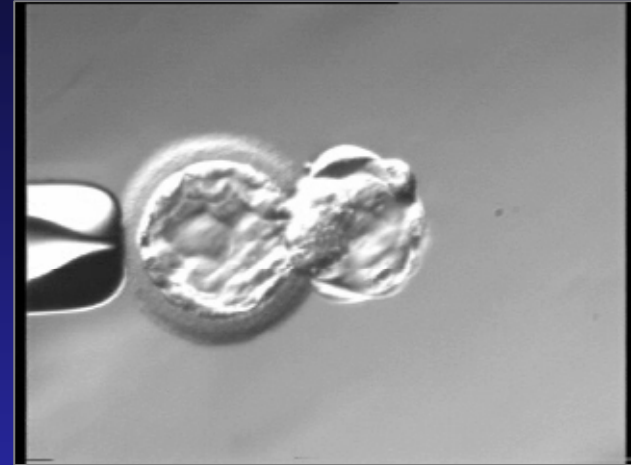
## Clinical application of CGH

**Analysis of blastocyst stage**

**Biopsy of several cells is possible**

**Diagnosis robust and accurate**

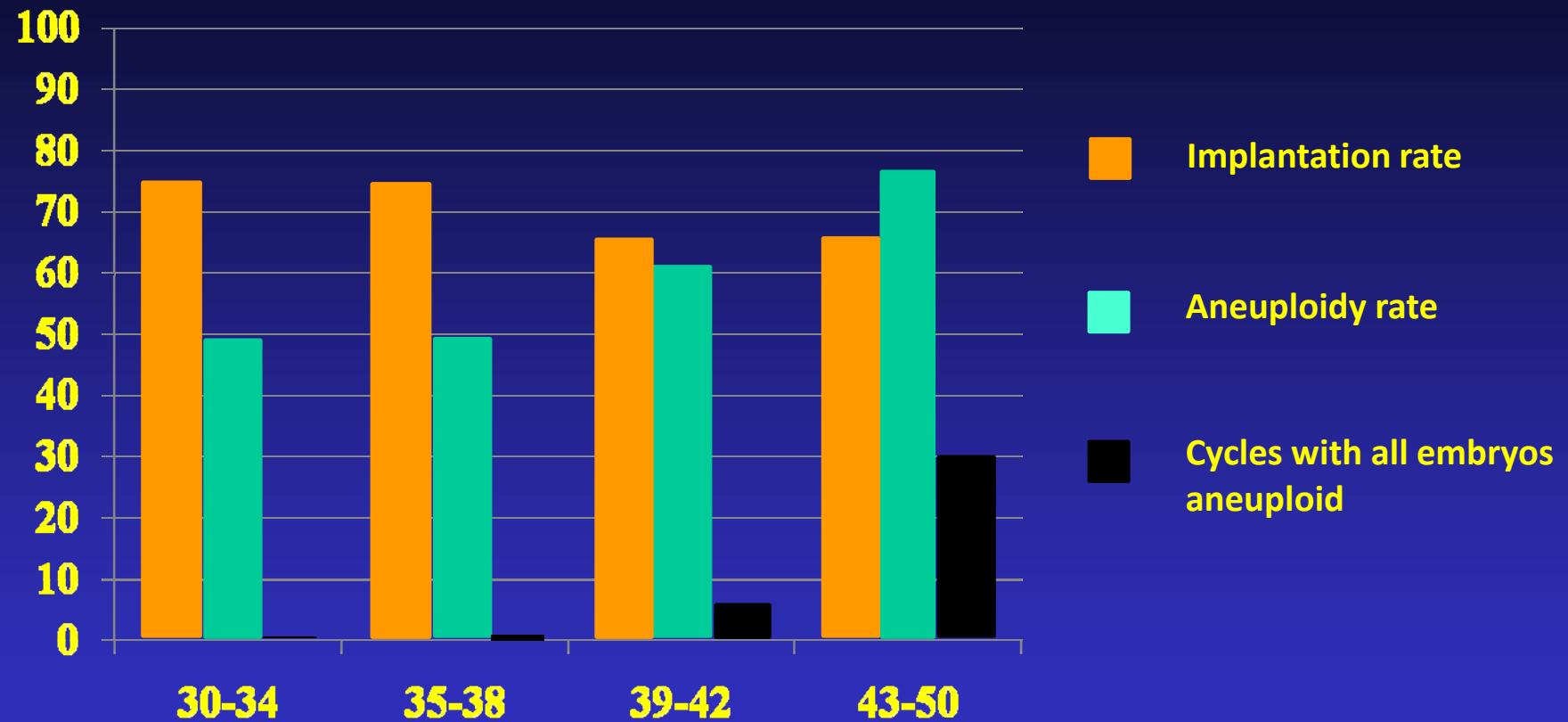
**Little or no impact of embryo biopsy**



**Fragouli et al., 2010; Schoolcraft et al., 2010**



## Blastocyst CGH- clinical results



Wells and Fragouli, unpublished

# **Analysis of mutations in the DNA sequence**

**(causing single gene disorders)**

## **PGD of single gene disorders**

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**Alternative to prenatal diagnosis - avoids pregnancy termination**

**>200 different single gene disorders diagnosed using PGD**

**PGD for any disease provided the causative mutation is known**

**First disease diagnosed – cystic fibrosis, 1992**

# PGD of single gene disorders

## >100 diseases already approved by the HFEA

Adrenoleukodystrophy (Adrenomyeloneuropathy)

Agammaglobulinaemia

Alpers Syndrome

$\alpha$  thalassaemia/mental retardation syndrome

Alport's Syndrome

Alzheimers Disease - early onset

Anderson Fabry Disease

Androgen Insensitivity Syndrome

Aplastic anaemia - severe

Barth Syndrome

Battens Disease (infantile)

Beta Hydroxyisobutyryl CoA Hydrolase Deficiency  
(Methacrylic Aciduria)

Beta Thalassaemia

Bilateral Frontoparietal Polymicrogyria

BRCA 1 (increased susceptibility to breast cancer)\*

Bruton Agammaglobulinemia Tyrosine Kinase

Cardiac Valvular Dysplasia

Carney Complex

Charcot Marie Tooth Disease

Chondrodysplasia Punctata

Choroideraemia

Chronic Granulomatous Disease

Coffin-Lowry Syndrome

Congenital Adrenal Hyperplasia

Congenital Fibrosis of the Extraocular Muscles

Congenital Stationary Night Blindness

Crouzon Syndrome

Cystic Fibrosis

Cystinosis

Diamond Blackfan Anaemia

Dystonia 1 Torsion Autosomal Dominant (DYT1)

Ectodermal dysplasia (Hypohidrotic)

Epidermolysis Bullosa (Hallopeau-Siemens & Herlitz  
junctional)

Facioscapulohumeral Dystrophy

Familial Adenomatous polyposis coli

Fanconi's Anaemia A

Fanconi's Anaemia C

Fragile X Syndrome

Gaucher's Disease (Type II)

Gonadal mosaicism

Greig's Cephalopolysyndactyly

Haemophilia A

# PGD of single gene disorders

## Diseases already approved by the HFEA

Haemophilia B

Hereditary diffuse gastric cancer\*

Hereditary motor and sensory neuropathies

Homozygous Familial Hypercholesterolaemia

Hunters Syndrome

Huntington's Disease

Hydrocephalus

Hydroxyisobutyryl CoA Hydrolase Deficiency

Hyper IgM Syndrome - Hypogammaglobulinaemia

Hypospadias (severe)

Ichthyosis

Incontinentia Pigmenti

Juvenile Retinoschisis

Krabbe Disease

Leber's hereditary optic neuropathy / Lebers Optic atrophy

Leigh's (subacute necrotising encephalopathy of childhood)

Lenz syndrome

Lesch Nyhan Syndrome

Leukocyte Adhesion Deficiency (Type I)

Li-Fraumeni Syndrome

Lymphoproliferative Syndrome

Lynch Syndrome (MLH 2)

Lynch syndrome (MLH 1)

Macular Dystrophy (childhood onset - variant of Retinitis pigmentosa)

Marfan Syndrome

Medium-chain acyl-Co A dehydrogenase

MELAS (Mitochondrial encephalomyopathy, lactic acidosis and stroke-like episodes)

Menkes Syndrome

Myoclonic epilepsy and ragged red fibres (MERFF)

Metachromatic Leukodystrophy

Multiple Endocrine Neoplasia (Type I)

Multiple Exostoses

Muscular Dystrophy (Beckers)

Muscular Dystrophy (Duchenne)

Muscular dystrophy (Oculopharyngeal)

Myotonic Dystrophy

Myotubular myopathy

Neurogenic muscle weakness, ataxia, retinitis pigmentosa (NARP)

Neurofibromatosis type I

# PGD of single gene disorders

## Diseases already approved by the HFEA

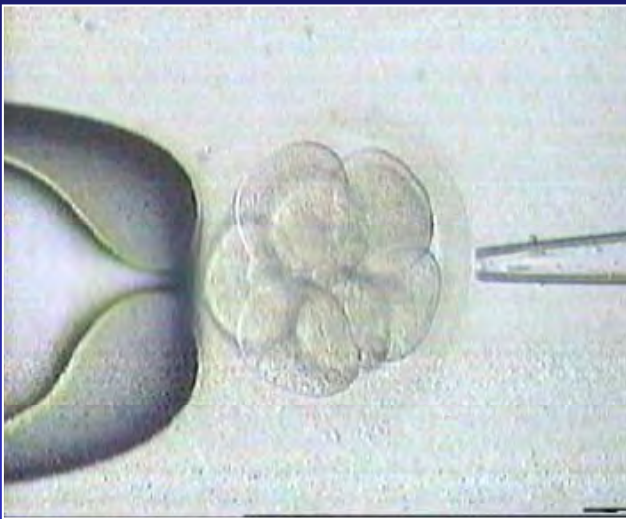
Neurofibromatosis type II  
Niemann Pick Disease Type C  
Ornithine carbamoyl transferase Deficiency (OTC)  
Ornithine transcarbamylase deficiency (OTD)  
Osteogenesis Imperfecta (Type II)  
Osteopathia Striata with Cranial Sclerosis  
Otopalatodigital syndrome (Type 2)  
Partial Lipodystrophy, Familial (Type 2)  
Pelizaeus Merzbacher Disease  
Phenylketonuria (PKU)  
Plakophilin 1 (PKP1) associated ectodermal dysplasia syndrome  
Polycystic kidney disease  
Pompe Disease (early onset)  
Prader Willi Syndrome  
Pyridoxine-dependent seizures  
Recurrent Digynic Triploidy  
Recurrent hydatitiform mole  
Retinitis Pigmentosa  
Retinoblastoma  
Retinoschisis (Juvenile)

Sandhoff Disease  
Sensorineural deafness - autosomal recessive non-syndromic  
Severe Combined Immune Deficiency (x-linked)  
Sickle Cell Anaemia  
Spastic paraplegia  
Spinal Muscular Atrophy (SMA1)  
Tay Sachs Disease (infantile onset)  
Torsion Dystonia  
Treacher Collins Syndrome  
Tuberous Sclerosis (TSC2)\*  
Turner's syndrome (Mosaic)  
Von Hippel Lindau Syndrome\*  
Wiscott-Aldrich Syndrome\*  
Wolman's Disease (Acid Lipase Deficiency)

Chromosome rearrangements

HLA-typing

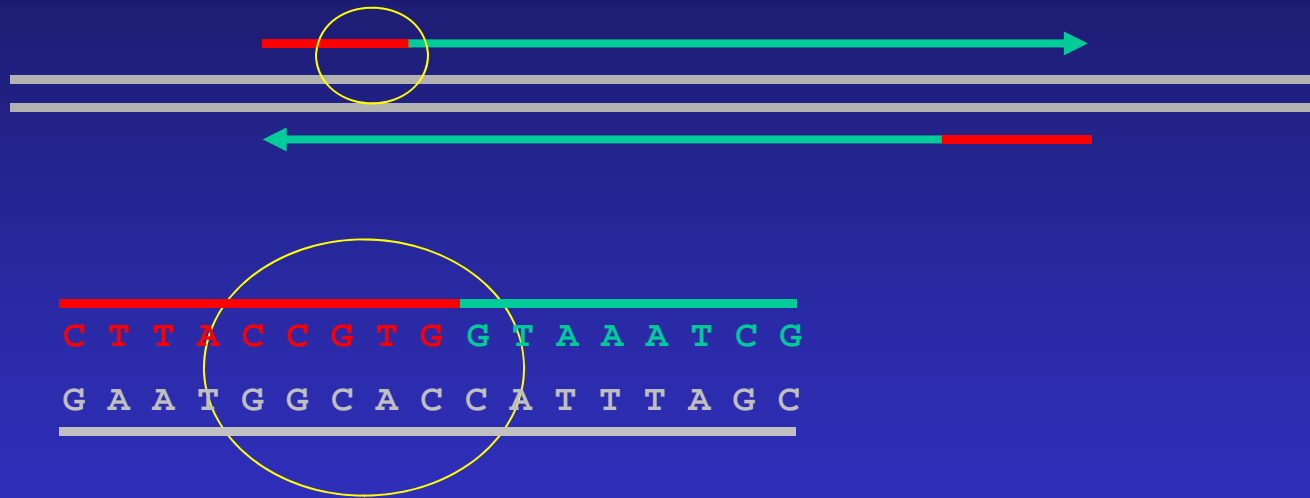
## Cleavage stage biopsy



- **Used by majority of PGD labs**
- **Biopsy at 6-10 cell stage (day 3)**
- **Blastomeres totipotent**
- **1-2 cells for analysis**

# DNA amplification: the polymerase chain reaction

- Enzymatic method for copying specific DNA sequences



- Essential for the analysis of genes in single cells

See Wells & Sherlock 1998 for review



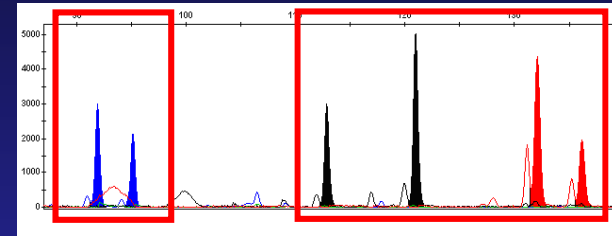
# Generalized Diagnostic Methodology



## Biopsy

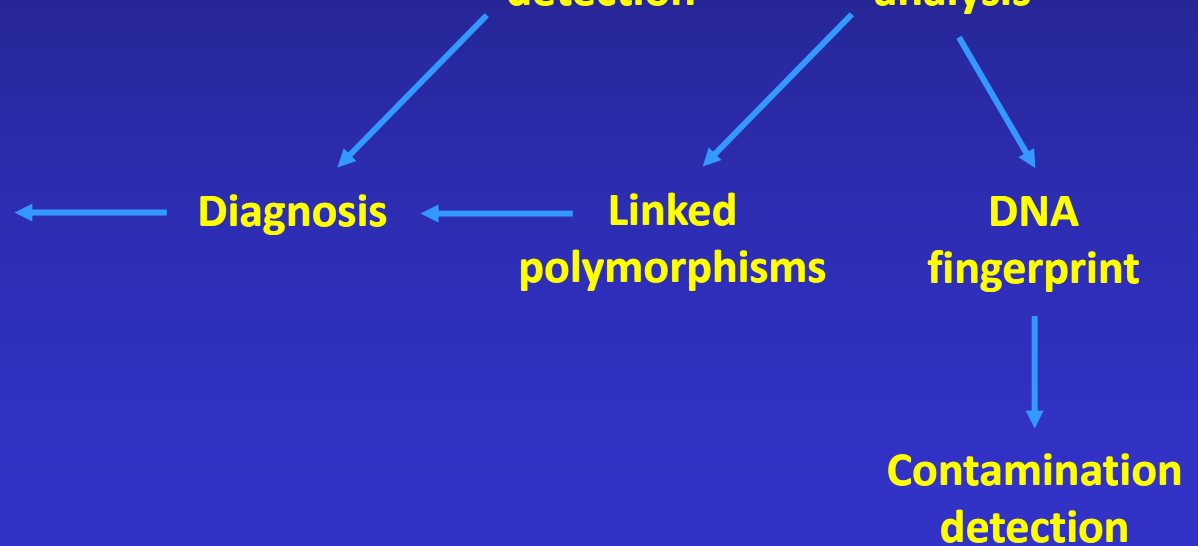


## PCR



## Mutation detection

# Polymorphism analysis

[illegible]

# Report

# **Ethical questions**

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**Application of PGD to late onset disorders**

**HLA typing**

**Complex (polygenic) disorders**